

Avocado Dressing

From – *Delish.com*

½ ripe avocado
¾ cup fresh cilantro
½ cup non-fat plain yogurt
2 scallions chopped
1 clove garlic
1 Tbsp lime juice
½ tsp sugar
½ tsp salt

- Blend all ingredients together in a blender or food processor until smooth.
- Serve as a salad dressing.
- Goes well with salads containing black beans.



For more recipes visit us at
www.HealthyHarvestFarmCSA.com