

# Bok Choy Apple Slaw

*From – eatingwell.com*

1/3 cup reduced-fat sour cream  
1/3 cup reduced-fat mayonnaise  
2 Tbsp white-wine vinegar  
2 tsp sugar or honey  
½ tsp celery salt  
¼ tsp salt  
6 cups very thinly sliced bok choy (1 lb head, trimmed)  
1 large Granny Smith apple, julienned or shredded  
1 large carrot, julienned or shredded  
½ cup slivered red onion

- Whisk sour cream, mayonnaise, vinegar, sugar (or honey), celery salt and salt in a large bowl until smooth.
- Add bok choy, apple, carrot and onion.
- Toss to coat.



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