Cilantro Lime Yogurt Dressing
From – Moosewood Restaurant Low-Fat Favorites

1 cup nonfat or low-fat yogurt
1 tbls minced fresh cilantro
1 tbls minced scallions or chives
2 tsp fresh lime juice
salt to taste

• In a small bowl, combine the yogurt, cilantro, scallions or chives, and lime juice.
• Add salt to taste.
• Set aside for at least an hour to allow the flavors to meld.
• Stored refrigerated in a covered container, it will keep for 3 or 4 days.

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