

Creamy Dill Dressing

From – *Moosewood Restaurant Low-Fat Favorites*

½ cup nonfat cottage cheese
½ cup buttermilk
¼ tsp salt
¼ tsp ground black pepper
¼ cup chopped scallions
1 Tbsp cider or white vinegar
1 Tbsp chopped fresh dill
½ to 1 tsp Dijon mustard, to taste

- Combine all of the ingredients in a blender or food processor and puree until smooth.
- Covered and refrigerated, this dressing will keep for about a week.



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