

# Cucumber Ranch Dressing

From – *MarthaStewart.com*

1 medium cucumber, peeled, halved lengthwise, seeded, and grated on the large holes of a box grater  
1 Tbsp finely chopped shallot or onion  
 $\frac{3}{4}$  cup sour cream  
 $\frac{1}{4}$  cup low-fat buttermilk  
 $\frac{1}{4}$  cup mayonnaise  
3  $\frac{1}{2}$  Tbsp fresh lemon juice  
1  $\frac{1}{4}$  tsp coarse salt  
pinch of cayenne pepper  
3 Tbsp finely chopped fresh flat-leaf parsley  
3 Tbsp finely chopped fresh chives

- Stir together cucumber, shallot, sour cream, buttermilk, mayonnaise, lemon juice, salt, cayenne, parsley, and chives in a medium bowl.
- Season with additional salt and cayenne, if desired.



For more recipes visit us at  
[www.HealthyHarvestFarmCSA.com](http://www.HealthyHarvestFarmCSA.com)