Fresh Tomato Salsa

From – Moosewood Restaurant Low-Fat Favorites

3 cups diced tomatoes
1 small fresh green chile, minced (seeds removed for a milder "hot")
1 Tbsp fresh lemon or lime juice
1 to 2 Tbsp minced fresh cilantro
salt and ground black pepper to taste

• Combine all of the ingredients in a mixing bowl and serve at room temperature.



For more recipes visit us at www.HealthyHarvestFarmCSA.com