

# Tropical Cucumber Salad

From – [www.eatingwell.com](http://www.eatingwell.com)

3-5 tsp fish sauce  
1 tsp freshly grated lime zest, plus more for garnish  
2 Tbsp lime juice  
1 Tbsp canola oil  
2 tsp light brown sugar  
1 tsp rice vinegar  
¼ tsp crushed red pepper  
1 cucumber, seeded and cut into ¾” dice  
1 avocado, cut into ¾” dice  
1 mango, cut into ¾” dice  
¼ cup chopped fresh cilantro

- Whisk fish sauce to taste, lime zest, lime juice, oil, brown sugar, vinegar and crushed red pepper in a large bowl until combined.
- Add cucumber, avocado, mango and cilantro; gently toss to coat.
- Serve garnished with additional lime zest, if desired.



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